



Lunch Seminar 10

第一線應戰流感：抗病毒藥物的最佳化選擇

Flu at the Frontline: Optimizing Antiviral Use in Emergency Care

(本演講由台灣塩野義製藥股份有限公司贊助)

時間：2025 年 6 月 28 日(六) 12:30~13:30

會議室：402AB 會議廳

座長：許金旺醫師(萬芳醫院)

講師：鍾睿元醫師(國泰醫院)

講座簡介

流感季節高峰期間，急診醫師常面臨龐大就診人潮與診斷壓力，而高風險族群的治療更成為臨床決策的核心挑戰。本演講將整合抗病毒治療的實證與實務，說明現行藥物在療效、安全性、給藥劑量與適應對象上的差異，並探討在急診處置中如何兼顧治療與臨床適切性。同時亦將說明抗病毒藥物於流感預防之應用，包括對密切接觸者的介入策略，進一步評估單次療法（例如 baloxavir）在臨床上的潛在價值與可行性。

During influenza seasons, emergency physicians face substantial diagnostic and operational challenges, with the management of high-risk populations—particularly older adults and those with comorbidities—emerging as a critical aspect of clinical decision-making. This presentation will synthesize current real-world evidence and experience in antiviral therapy, comparing available antiviral drugs in terms of efficacy, safety, dosing, and patient suitability. Additionally, the role of antivirals in post-exposure prophylaxis will be discussed, with emphasis on the potential utility and feasibility of single-dose regimens such as baloxavir in acute care practice.